

Holistic and Alternative Health Radio/Blog Shows

Title of Show: **A Fresh Start***

Name of Host: Sallie Felton

Theme: Live talk radio to help put the “L” back into Living. Sallie’s worldwide radio show emphasizes on taking action: whether you’re stuck in the same rut, looking to make a change, lost your life purpose, disorganized or cluttered, procrastinating, or wanting to take better care of yourself, this show provides tips and tools to move you forward in a positive direction...ONE STEP AT A TIME. Topics: Self Care, Empowerment, Alternative Health, Positive Psychology, ADD/ADHD, Baby Boomers, Transitions/Change, Clutter/Organization, Communication, Energy Healing, Overcoming Fear, Grief/Forgiveness, Happiness, Health, Law of Attraction, Life’s Purpose, Nutrition and much more....

Where Aired: LIVE 106.9 HD Channel 3 Seattle, WA and Webtalkradio, Chicago, Il; archives available

Guest Profile: Experts, Authors, Doctors, Psychiatrists, Professors, Celebrities, Filmmakers, Educators, Thought Leaders and Individuals who have a unique story to share

Please send book, if available, to Sallie Felton, P.O. Box 264, Hamilton, MA 01936

Email: Sallie@salliefeltonlifecoach.com

Website: <http://www.salliefeltonlifecoach.com>

Phone: 978-626-0090

Best Method of Contact: Email

Sallie also has another show with her husband Conway: **Light at the End of The Tunnel. All about providing tips and tools for those with depression and support for their families.*

Title of Show: **The Dr. Pat Show – Talk Radio to Thrive By!**

Name of Host: Dr. Pat Baccili

Theme: Talk radio to help you thrive - not merely survive. The Dr. Pat Show's mission is to broadcast a distinctive blend of live talk radio interviews with a mix of uplifting and intelligent news, educational and practical information. Topics range from personal development to critical issues relevant to a rapidly changing world. As Dr. Pat says, “we talk about everything from sex to spirituality with a vibration that honors the dignity of the human spirit,” including Personal Development · Enlightened Businesses · Holistic Healing · Ecological Living · Sustainable Economy · New Energy · Sacred Teachings · Ancient Civilizations · Leading Edge Science · Alternative Health · Brain-Mind Research · New Thought · Spiritual Cinema · Progressive Politics · Intuitive Development · Mindful Relationships · Shamanism & Earth-Honoring Traditions · Spiritual Transformation Mystical Phenomenon · Angels & Spirit Guides · Community Connections

Where Aired: Transformation Talk Radio and WBLQ 1230, aired in several stations in Rhode Island, Connecticut and New York

Guest Profile: The Dr. Pat Show brings together some of the planet’s most preeminent and visionary change-makers: best-selling authors, motivational speakers, leading-edge scientists and futurists, environmentalists and educators, world-renowned spiritual leaders, inventors,

filmmakers, artists, mystics, and healers that are stimulating and supporting individual and collective growth, positive cultural shifts, and making a meaningful difference in the world.

Email: info@thedrpatshow.com

Website: <http://www.thedrpatshow.com> <http://www.transformationtalkradio.com>

<http://www.calltoconnection.com>

<http://www.drpatsgreenchallenge.com>

<http://www.crustbusting.com>

Phone: 206-523-5522

Best Method of Contact: Email

Title of Show: **Empowering Serenity Healing Show**

Name of Host: Suzanne Rose Lubkowski

Theme: Mission is to offer the listener a variety of guest healers and healing modalities to support the client in their life experience

Where Aired: Blog Talk Radio

Guest Profile: Healers and alternative practitioners (e.g.: Reiki, energy healers, sound healers, animal communicators, feng shui, coaches, hypnotherapy, angels, spirituality, energy medicine, shamans, rolfing, moving through challenges, etc)

Email: zannrose@aol.com; suzanne@empoweringserenity.com

Website: <http://www.empoweringserenity.com>

<http://www.blogtalkradio.com/suzannerose72010435>

Phone: 571-318-WELL (9355)

Best Method of Contact: First email or phone if you need a quick response (leave a message if needed)

Title of Show: **Feel and Look Fabulous with Irina**

Name of Host: Irina Wardas

Theme: Holistic Health and Wellness Tips for Women to Feel and Look Fabulous Naturally.

Where Aired: BlogTalkRadio

Guest Profile: Holistic Health, Wellness, Relationship and Sex, Beauty, Lifestyle

Email: wardirene@yahoo.com

Website: <http://www.naturalcounselor.com/radioshow>,

<http://www.blogtalkradio.com/naturalcounselor>

Phone: 646-642-8254

Best Method of Contact: Email

Title of Show: **Glenda the Good Nurse**

Name of Host: Glenda Christians, PhD, RN

Theme: Holistic, integrative healing. I interview people who are involved in alternative methods of healing.

Where Aired: 1400 AM K-Star in Utah County, Utah. Also daily on

<http://www.planetarystreams.com>

Guest Profile: Authors and practitioners who practice alternative healing methods such as energy work, herbs, oils, chiropractic, humor, positive thinking, relaxation, feng shui...the list is endless

Email: Glendathegoodnurse@gmail.com

Website: <http://www.Glendathegoodnurse.com>

Phone: 801-815-1901

Best Method of Contact: Email

Title of Show: **Holistic Health Show**

Name of Host: Carl O. Helvie, R.N., Dr.P.H.

Theme: Holistic wellness, cutting edge and alternative treatments for cancer, arthritis, chronic back pain, and others affecting large numbers of people. . Holistic for this show host includes physical, mental, spiritual, relationships, the environment, and politics - all of which affect health.

Where Aired: BBS Radio Station 1

Guest Profile: Primarily PhD's, M.D.'s, N.D.'s and others with doctorates unless considered expert in their field with lots of practice for my experts, I also interview patients and survivors of various health concerns and they may not have degrees. My show revolves around series so guests must fit within one of the planned series.

Email: carlhelvie@cox.net

Website: <http://www.HolisticHealthshow.com> , <http://www.bbsradio.com>

Phone: 757-848-9193

Best Method of Contact: Email is always best

Title of Show: **Holistic Living**

Name of Host: Tina Marie Jones and Todd Alan

Theme: Health & Wellness

Where Aired: Voice America

Guest Profile: Best Selling Authors, People with inspiring stories, politicians and celebrities

Email: admin@holisticliving.com

Website:<http://holisticlivingshow.com/>

Phone: 888-721-4204 ex.2

Best Method of Contact: Email

Title of Show: **Intersections Matchmaking Talk Radio - Jasbina's Lifestyle Show**

Name of Host: Jasbina Ahluwalia

Theme: A holistic lifestyle show, focused on our continual evolution into the best versions of our authentic selves. With our insightful guests, we address relationships, social dynamics and health and wellness, each of which contributes to meaningful and fulfilling lives.

Where Aired: Blog Talk Radio

Guest Profile: Authors/Experts in areas we address - relationships, social dynamics and health and wellness

Email: rajnish.jain@gmail.com

Website: <http://www.IntersectionsMatch.com>

Best Method of Contact: Email

Title of Show: **Let's Talk Health with Dr. Ria**

Name of Host: Dr. Ria Gilday ND

Theme: Health

Where Aired: WNPV, Landsdale, PA, and Dr Ria Radio

Guest Profile: Health Professional. Alternative Medicine

Email: info@drriaradio.com

Website: <http://www.drriand.com>, <http://www.drriaradio.com>

Phone: 1-877-2Queens

Best Method of Contact: Email

Title of Show: **Life Connections**

Name of Host: David B. Blum

Theme: Complementary Health care and Wellness issues.

Where Aired: KJLL, Tucson, Arizona (tucsonsjolt.com)

Guest Profile: Complementary and alternative wellness practitioners, experts in specific health issues, experts in community health issues.

Email: lifeconnectionsradio@live.com

Website: <http://www.healthytouchmassagetherapy.com>

Phone: 520-250-0818

Best Method of Contact: Email

Title of Show: **Light at the End of the Tunnel**

Name of Host: Sallie Felton and Conway Felton

Theme: A husband and wife's personal journey through depression, support and transformation. Topics include self-esteem, stuckedness, brain functioning, overcoming lows, maintenance, using positivity as a tool and the support families need.

Where Aired: LIVE 106.9 HD Channel 3, Seattle, WA and Webtalkradio, Chicago, IL; archives available

Guest Profile: Experts, Authors, Doctors, Psychiatrists, Professors, Celebrities, those who use Alternative Healing and individuals who have come through depression.

Please send book, if available, to Sallie Felton, P.O. Box 264, Hamilton, MA 01936

Email: Sallie@salliefeltonlifecoach.com

Website: <http://www.salliefeltonlifecoach.com>

Phone: 978-626-0090

Best Method of Contact: Email

Title of Show: **Love Your Life with Michelle**

Name of Host: Michelle Miron

Theme: Self-Help

Where Aired: BlogTalkRadio

Guest Profile: Holistic, Spiritual, Fitness

Email: michellepts@live.ca

Website: <http://www.lovelifewithmichelle.com>

Phone: 204-995-7751

Best Method of Contact: Email

Title of Show: **Loving the Life You're In**

Name of Host: Loren M. Gelberg-Goff

Theme: Self-Esteem, Self-Empowerment, Self-Respect

Where Aired: World Talk Radio

Guest Profile: Experts in the field of self-esteem, authors, psychologists, coaches, who specialize in positive, pro-active aspects of achieving self-esteem. People who are in the holistic health fields, spiritual work, self-empowerment experts, etc.

Email: loren@wellfromwithin.com

Website: <http://www.wellfromwithin.com>

<http://www.worldtalkradio.com>

Phone: 201-489-6720

Best Method of Contact: Email or phone

Title of Show: **On Health & Healing w/ Angela Levesque**

Theme: Conscious healing, Complementary and Alternative Medicine - All topics related to health & healing

Where Aired: SQR.fm (Spirit Quest Radio)

Guest Profile: I am always looking for guests who like to inform and educate my listeners on different health concepts, principals of healing and health models within Integrative Medicine, Energy Medicine and Complementary and Alternative health. I am looking for experts in any field related to health and healing.

Email: angela@hestiahealth.com

Website: <http://www.hestiahealth.com>

Phone: 208-283-1556

Best Method of Contact: Email

Title of Show: **Positive Power Chat**

Name of Host: Wendy Wagoner

Where Aired: Blog Talk Radio

Guest Profile: Guests who specialize in alternative medicine and positive living

Email: wendywagoner@akeruhypnotherapy.com

Website: www.akeruhypnotherapy.com

<http://www.blogtalkradio.com/positive-power-chat>
Phone: 805-712-4080
Best Method of Contact: Email or phone

Title of Show: **Red Tent Wisdom**

Name of Host: Cyndi Harris

Theme: Rediscovering Your Feminine Power

Where Aired: Blog Talk Radio

Guest Profile: Anyone who promotes healthy romantic relationships, female sensuality, sexuality, women's health, holistic nutrition, holistic healing for women, red tent topics

Email: redtentwisdom@gmail.com

<http://romancesexandlove.com>

<http://blogtalkradio.com/earthangelsradio>

Phone: 561-705-7572

Best Method of Contact: Email

Title of Show: **Self reliance Radio**

Name of Host: Barry Szczucki

Theme: Dedicated to helping people achieve energy, health, and food independence.

Where Aired: Blog Talk Radio

Guest Profile: Alternative health, alternative energy and organic gardening.

Email: Barry@relyonyourself.com

Website: <http://www.Relyonyourself.com>, <http://www.blogtalkradio.com/selfrelianceradio>

Phone: 352-624-3936

Best Method of Contact: Email or phone

Title of Show: **Soul Dish**

Name of Host: Kathleen Grandfield and Tara Davis

Theme: Soul Dish Radio embraces the Art of Living with a Purpose. We focus on conscious balanced alternative living of our human experience through modalities of health, spirituality, science and awareness of self.

Where Aired: Blog Talk Radio

Guest Profile: Guests who live their lives with passion and those who like to educate, inform and live life "outside the box".

Email: kathygrandfield@gmail.com

Website: <http://www.blogtalkradio.com/souldish>

<http://www.facebook.com/SoulDishRadio>

Phone: 512-659-7945 Kathy or Tara: 512-633-8869

Title of Show: **2012 Higher Love**

Name of Host: Sri and Kira (Wisdom Teacher Sri Ram Kaa and Angelic Oracle Kira Raa)

Theme: Spirituality and Empowerment

Where Aired: Web Talk Radio and Higher Love Radio

Guest Profile: Cutting edge contributors to the fields of Holistic Health, spiritual empowerment and quantum technologies

Email: 2012@higherloveradio.com

Website: <http://www.sriandkira.com>

<http://www.avesaquantumhealing.com>

<http://www.webtalkradio.net> and <http://www.higherloveradio.com>

Phone: 877-344-TOSA

Best Method of Contact: Email

Title of Show: **Zentertainment Talk Radio**

Name of Host: Jo Davidson

Theme: Helping people turn challenges into opportunities.

Where Aired: Zentertainment Talk Radio

Guest Profile: Featuring interviews with NY TIMES best selling authors, doctors and healers focusing on green living and holistic health. Featuring people who have overcome major life challenges. Also featuring music from indie artists.

Email: Jodavidson@mac.com

Website: <http://www.Zentertainment.org>

Best Method of Contact: Email is the best method for contacting Jo and Zentertainment Talk Radio

The above shows are excerpted from the Self-Help, Health and New Age eBooks of Talk Radio Shows compiled by "Talk Radio Advocate" Francine Silverman. To view the descriptions and prices of all 16 eBooks ranging from Animals to Sports, please visit

<http://www.talkradioadvocate.com>